***Hope-Strong***

**Worship Series – Week 2**

***Spirit Strong Fight Strong***

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| **WORSHIP SERVICE OUTLINE**SEach worship outline contains all elements needed for your worship service. The order of each service presented is only a *suggestion*. No doubt changes will be needed to accommodate the flow and worship style of your corps. The outlines are flexible and allow opportunities to “cut and paste” as needed. If you are blessed with instrumental or vocal music resources, you may find there is more structured material here than needed. Please include the headings of each section in your bulletin. |

**Announcements and Offering**

***Spirit Strong***

**Call to Worship:**

God is looking for people whose hearts are perfect toward Him; so there is a kind of perfection required of His people by God. God alone is absolutely perfect in all His attributes, and to such perfection we can never hope to attain. There is, however, a perfection which we are given to understand God requires in us. It is a perfection not of the head, but of heart—not of knowledge but of goodness, humility, love, and faith. Such perfection God desires us to have, and such a perfection we may have.

Do you want to be Spirit Strong? Then study the Word of God and live by it. Sing and make melody in your heart to the Lord. Praise the Lord with your first waking breath in the morning, and thank Him with your last waking breath at night. Flee from sin. Keep on believing. Look to Jesus. Let Him mold you, and *“He will take delight in you with gladness. With his love, he will calm all your fears. He will rejoice over you with joyful songs* (Zeph. 3:17), and you shall no longer doubt, but know that you are His.

(*Come Holy Guest*, Brengle, pages 69 and 137)

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| **NSB#936 – Wanted, hearts baptized with fire** | NTB-394 – AustriaNTB-373 – Meet me at the fountain | HTD1-T2 (3 vs.)No CD |
|  **Additional Optional Songs** |
| **SB#34 – I believe that God the Father** | TB-360 – Bethany | HTD11-T1 (4 vs.) |
| **SB#283 – Come, Thou almighty king** | TB-198 – Moscow | HTD2-T2 (4 vs.) |
| **SB#298 – Come, Thou all inspiring Spirit** | TB-370 – Hyfrydol | HTD1-T14 (3 vs.) |
| **SB#307 – O what a wonderful, wonderful day** | TB-652 – Heaven came down | HTD1-T11 (3 vs.) |
| **SB#315 – All over the world the Spirit is moving** | TB-545 – All over the world | No CD |
| **SB#326 – Thou Christ of burning, cleansing flame****HC#81 – O God of Burning, Cleansing Flame** | TB-294 – Send the FireHC-81 | HCD7-T11 |
| **SB#334 – Give us a day of wonders** | TB-235 – To the uttermost He saves | No CD |
| **SB#926 – O Thou God of every nation** | TB-394 – Austria | HTD1-T2 (3 vs.) |
| **HC#99 – Shine, Jesus, Shine** | HC-99 | HCD8-T19 |
| **HC#201 – Zephaniah’s Song** | HC-201 | HTD19-T11 |
| **SB#329 – Who is it tells me what to do** | TB-854 – That’s the Spirit | No CD |
| **SB#349 – Yet once again, by God’s abundant mercy** | TB-494 – Pilgrims | HTD5-T16 (3 vs.) |

**Scripture Alive!**

**Option #1 version - Ephesians 4:1-16 - New Revised Standard Version (NRSV)**

**Leader:** 1I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, 2with all humility and gentleness, with patience, bearing with one another in love, 3making every effort to maintain the unity of the Spirit in the bond of peace. 4There is one body and one Spirit, just as you were called to the one hope of your calling, 5one Lord, one faith, one baptism, 6one God and Father of all, who is above all and through all and in all.

**All:** 7But each of us was given grace according to the measure of Christ’s gift. 8Therefore it is said, “When he ascended on high he made captivity itself a captive; he gave gifts to his people.”

**Leader:** 11The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, 12to equip the saints for the work of ministry, for building up the body of Christ, 13until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

**All:** 14We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people’s trickery, by their craftiness in deceitful scheming. 15But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, 16from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body’s growth in building itself up in love.

# Option #2 version - Ephesians 4:1-16, The Voice (VOICE)

**Leader:** 1As a prisoner of the Lord, I urge you: Live a life that is worthy of the calling He has *graciously* extended to you. 2Be humble. Be gentle. Be patient. Tolerate one another in *an atmosphere thick with* love. 3Make every effort to preserve the unity the Spirit has already created, with peace binding you together. 4There is one body and one Spirit, just as you were all called to pursue one hope. 5There is one Lord *Jesus*, one *living* faith, one ceremonial washing through baptism, and 6one God—the Father over all who is above all, through all, and in all.

**All:** 7*This God* has given to each of us grace in full measure according to the Anointed’s gift 8as *the Scripture* says,

When He ascended to the heights,
    He put captivity in chains;
And *in His triumph,* He gave gifts to the people.

**Leader:** 11It was the *risen* One who handed down *to us such gifted leaders*—some emissaries, some prophets, some evangelists, as well as some pastor-teachers— 12so that God’s people would be *thoroughly* equipped to minister and build up the body of the Anointed One. 13*These ministries will continue* until we are unified in faith and filled with the knowledge of the Son of God, until we stand mature *in His teachings* and fully formed in the likeness of the Anointed, *our Liberating King.*

**All:** 14Then we will no longer be like children, tossed around here and there upon ocean waves, picked up by every gust of religious teaching spoken by liars or swindlers or deceivers. 15Instead, by truth spoken in love, we are to grow in every way into Him—the Anointed One, the head. 16He joins and holds together the whole body with its ligaments providing the support needed so each part works to its proper design to form a healthy, *growing, and mature* body that builds itself up in love.

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| **SB#317 – Burning, burning, brightly burning,** | TB-318 – Burning, Burning | HTD1-T5 |
|  **Additional Optional Songs** |
| **SB#284 – God is Spirit, Holy Spirit (chorus only)****HC#104 – God is Spirit (with verses)** | TB-634 – God is SpiritHC-104 | No CDHCD9-T14 |
| **SB#287 – Lord, renew in me the fire of Your Spirit****HC#91 – Fan the Flame** | TB-608 – Fan the FlameHC-91 | No CDHCD8-T11 |
| **SB#290 – Spirit of God, descend upon my heart****HC#7 – Spirit of God, Descend** | TB-467 – Spirit of God, DescendHC-7 | No CDHCD1-T7 |
| **SB#294 – Breathe on me, breath of God,** | TB-159 - Trentham | HTD8-T17 (4 vs.) |
| **SB#299 – God in you, God in me****HC#79 – God in You** | TB-632 – sameHC-79 | No CDHCD6-T19 |
| **SB#300 – Gracious Spirit, dwell with me;** | TB-286 – Wells  | 777777 |
| **SB303 – Lord, possess me now, I pray** | TB-938 – With Thy Spirit Fill Me | No CD |
| **SB#310 – Spirit divine, attend our prayers** | TB-? – Fewster | HTD3-T13 (4 vs.) |
| **SB#312 – Spirit of the living God** | TB-834 – same | PCD1-T29/30 |
| **SB#313 – Spirit of the living God****HC#159 – Spirit of the living God** | TB- 611 – Fill Me AnewHC-159 | No CDHCD14-T19 |
| **SB#316 – At the moment of my weakness** | TB-658 – His Provision | No CD |
| **SB#319 – For the mighty moving of Thy Spirit** | TB-616 – same  | No CD |
| **SB#323 – Lord, hear my prayer, Thy power I claim;** | TB-762 – Move, Holy Spirit | No CD |
| **SB#328 – To be like Jesus!** | TB-898 | PCD1-T35/36 |
| **SB#517 – Purify my heart** | TB-805 – Refiner’s fire | No CD |
| **SB#709 – I want to walk with Jesus Christ** | TB-686 – same | No CD |

***First…We Pray!***

[Leader of the prayer time should use the Soul Training guidelines to guide the prayer time. The Soul Training box at the end of this document should be included each week in the bulletin as a separate handout for the congregation to take home each week. List the following (condensed version) in the bulletin outline for prayer points during the prayer time.]

**Congregational Prayer Time**

**Soul Training – Margin and Holiness**

**Leader:** Dr. Richard Swenson has written a wonderful book called *Margin*. Margin refers to the space on the edge of a page where there is no text. If words stretched from top to bottom and to both edges there would be no margin. Swenson believes our lives are like that. We add so much to our schedules that we have no “margin,” no space for leisure and rest and family and God and health.

Holiness is essentially wholeness—a life that works. Sin is dysfunction or sickness. The number one spiritual sickness of our day is “hurry sickness.” We are constantly in a hurry because we have overloaded our schedule. When we lack margin in our lives we become tired and lonely and joyless, which seems to invite temptation. We need margin. Margin restores balance and restores our soul, thus increasing our capacity for joy. Joy is a bulwark against temptation. Margin and holiness are related to one another in very deep ways.

Here are some ideas for finding margin:

* Get up ten minutes earlier and create a space for silence before you begin your day.
* Cut out unnecessary entertainment activities.
* Explore scaling back some of your commitments by asking, “Is it essential?”
* If you do something often (for example, spending time with a friend), consider reducing the frequency without cutting that person out of your life.

Pray now for your life, your relationships, your schedule—a life that works.

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| **SB#299 – God in you, God in me****HC#79 – God in You** | TB-632 – sameHC-79 | No CDHCD6-T19 |
|  **Additional Optional Songs** |
| **SB#284 – God is Spirit, Holy Spirit (chorus only)****HC#104 – God is Spirit (with verses)** | TB-634 – God is SpiritHC-104 | No CDHCD9-T14 |
| **SB#287 – Lord, renew in me the fire of Your Spirit****HC#91 – Fan the Flame** | TB-608 – Fan the FlameHC-91 | No CDHCD8-T11 |
| **SB#290 – Spirit of God, descend upon my heart****HC#7 – Spirit of God, Descend** | TB-467 – Spirit of God, DescendHC-7 | No CDHCD1-T7 |
| **SB#294 – Breathe on me, breath of God,** | TB-159 - Trentham | HTD8-T17 (4 vs.) |
| **SB#300 – Gracious Spirit, dwell with me;** | TB-286 – Wells  | 777777 |
| **SB303 – Lord, possess me now, I pray** | TB-938 – With Thy Spirit Fill Me | No CD |
| **SB#310 – Spirit divine, attend our prayers** | TB-? – Fewster | HTD3-T13 (4 vs.) |
| **SB#312 – Spirit of the living God** | TB-834 – same | PCD1-T29/30 |
| **SB#313 – Spirit of the living God****HC#159 – Spirit of the living God** | TB- 611 – Fill Me AnewHC-159 | No CDHCD14-T19 |
| **SB#323 – Lord, hear my prayer, Thy power I claim;** | TB-762 – Move, Holy Spirit | No CD |
| **SB#328 – To be like Jesus!** | TB-898 | PCD1-T35/36 |
| **SB#517 – Purify my heart** | TB-805 – Refiner’s fire | No CD |
| **SB#709 – I want to walk with Jesus Christ** | TB-686 – same | No CD |

**Pastoral Prayer**

***Fight Strong***

**Message – Spirit Strong**

**Video- Fight Strong**

**Response**Together, we are Hope Strong. We are one body working together, each doing our own part, fighting for the salvation of others. Or, are we? Are we really fighting together for the salvation of others? Or are we doing activities for our own benefit? Are we as a corps fighting together to bring hope and healing to the helpless and hurting. Are we fighting for others? Ask God to give courage as you Fight Strong.

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|  **Additional Optional Songs** |
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**Benediction**

20Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, 21equip you with everything good for doing his will,and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen. (Hebrews 13:20-21)

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| **Vocal Benediction – HC#193 – Soldier’s Hymn** | HC-193 | HCD18-T14 |
|  **Additional Optional Songs** |
| **SB#934 – The world is needing us** | TB-877 – same | No CD |
| **SB#959 – I’ll go in the strength of the Lord** | TB-433 – In the strength of the Lord | HTD4-T8 (3 vs. – Intro to each verse; extended ending) |
| **SB#819 – O church, arise, and put your armor on****HC#202 – O Church, arise** | TB-777 – O church, ariseHC-202 | No CDHCD19-T12 |
| **SB#954 – God’s soldier marches as to war** | TB-53 – God’s soldier | HTD4-T3 (3 vs.) |
| **SB#971 – Onward, Christian soldiers****HC#181- Onward, Christian soldiers** | TB-188 – sameHC-181 | HTD2-T10 (3 vs.)HCD17-T11 |
| **HC#277 – We have caught the vision splendid** | HC-277 | HCD26-T17) |

***Hope-Strong***

**Worship Series – Week 2**

***Spirit Strong***

***By Commissioner Barry Swanson***

**Scripture: Ephesians 4:1-16**

**Title:** **Spirit-Strong**

**Key Verse**: Ephesians 4:3: “Make every effort to keep the unity of the Spirit through the bond of peace”.

**Key Word**: Unity

**Aim:** A Hope-Strong life requires that, through the Spirit, the Body will live in unity and peace.

**Introduction**

We live in the midst of brokenness. The state of marriages, families, communities, race relations (or the lack of), political systems and international ties all give evidence to a world in distress. While it is nothing new, it begs the question of what role the Church as the Body of Christ should be playing as we are now well into the 21st century? Why are things not getting *better?* If we are truly people of hope as Christ followers, what difference should our presence make in the world? Building on Jesus teachings, Paul addresses this issue in his letter to the Ephesian church. He begins chapter 4 saying, “I urge you to live a life worthy of the calling you have received”. This morning we will look at that calling, giving special attention to the all-important role of the Holy Spirit (Ephesians 4:3).

1. You Are One Body (Ephesians 4:4-6)

The New Testament teaching that membership in God’s family carried with it a new earthly expression was radical. No longer a tribal nation of people, the Church founded on Jesus Christ was to be seen as his own Body, and under his headship all believers became members, not just *belonging* to, but also *joined* to. (Ephesians 4:2).

In verses 4-5 Paul recites some of the ways in which the Body is one, united together in and by the one Spirit, demonstrating to all the oneness of God the Father.

1. You Have One Purpose (Ephesians 4:12-13)

Having a body is one thing. Using that body for a good, healthy and productive life in another matter. Just as most people strive for optimal physical well-being, so too, God wants his body, the Body of Christ, to be well conditioned and serviceable.

So Paul speaks about the gifts given to the body, through the Spirit (see I Corinthians 12) *“to prepare God’s people for works of service, so that the body of Christ may be built up until we all reach unity in the faith…”.* This is God’s purpose for his church and why Paul uses the bodily metaphor. What body seeks to harm itself? Only one with extreme pathological issues.

Our purpose is also to be built up *“in the knowledge of the Son of God…”.* Here again we know the Spirit is bringing unity to the body in the teaching of truth by gifted ministers (not restricted to clergy!) who faithfully study and present the word of God to others.

We are not intended to remain in an ignorant, carnal and confused spiritual state. If we are truly being built up in the Spirit we must then *“become mature, attaining to the whole measure of the fullness of Christ”.* This is normal for the Christian person. It is what we should expect for ourselves and from one another. This is holiness.

1. You Have One Destiny (Ephesians 4:15-16)

Paul is an artist who paints with words and whose canvass is the page. To complete his picture of unity in the body of Christ he vividly contrasts two worlds. The one Christians have left behind (infantile, insecure, deceitful and scheming); and the one we are moving towards as we are able to *“speak the truth in love”* which is another characteristic of the Spirit at work in us. Finally we are grown up in our faith, literally joined to Christ whose is the head of this spiritual body.

Verse 16 is a vision of perfect unity. It is God the Creator still at work. In you. In me. God still at work within us as one unifying us as one body. The whole body: working together, growing, self-sustaining in love, each part doing its own work.

The scripture we have looked at this morning challenges any and every Christian, and Christian congregation, to take a hard look at themselves. Hold up the mirror of Ephesians chapter 4. What do you see? Is it a picture of Spirit infused behaviors and relationships and activities? If not, what needs to change? How do I need to change? How does our corps need to change?

[The Soul Training box below should be included each week in the bulletin as a separate handout for the congregation to take home each week.]

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| ***Soul Training***Dr. Richard Swenson has written a wonderful book called *Margin*. Margin refers to the space on the edge of a page where there is no text. If words stretched from top to bottom and to both edges there would be no margin. Swenson believes our lives are like that. We add so much to our schedules that we have no “margin,” no space for leisure and rest and family and God and health. Swenson describes margin and being marginless this way:The conditions of modern-day living devour margin….Marginless is being thirty minutes late to the doctor’s office because you were twenty minutes late out of the hairdresser’s because you were ten minutes late dropping the children off at school because the car ran out of gas two blocks from the gas station---and your forgot your purse.Margin, on the other hand, is having breath left at the top of the staircase, money left at the end of the month, and sanity left at the end of adolescence.Marginless is the baby crying and the phone ringing at the same time; margin is Grandma taking the baby for the afternoon.Marginless is being asked to carry a load five pounds heavier than you can lift; margin is a friend to carry half the burden.Marginless is not having time to finish the book you’re reading on stress; margin is having the time to read it twice.Swenson discovered marginless in the lives of his patients before he recognized it in himself. He is a medical doctor who began noticing all sorts of health hazards that were caused by stress. Stress, he discovered, came from overextension. So he started telling his patients to slow down and eliminate unnecessary things from their lives.Then he examined his own life and discovered he was in the same condition. He realized that by working eighty-hour weeks he as compromising his health, his family time and his relationship with God. Then it hit him: those are three of his most precious resources! So he decided to cut his practice in half—which meant cutting his income in half. It wasn’t easy, but according to Swenson, it was the best decision he ever made.I’ve worked hard to create margin in my life, and I discovered the secret. It is simple but very difficult to do: *Just Say no*.Say no to what? Anything that is not absolutely necessary to the well-being of your soul or the welfare of others. The list of all of the activities that you feel you need to do each day or each week is probably filled with a lot of good things. This is not about good versus evil but good versus good.MARGIN AND HOLINESSHoliness is essentially wholeness—a life that works. Sin is dysfunction or sickness. The number one spiritual sickness of our day is “hurry sickness.” We are constantly in a hurry because we have overloaded our schedule. When we lack margin in our lives we become tired and lonely and joyless, which seems to invite temptation. We need margin. Margin restores balance and restores our soul, thus increasing our capacity for joy. Joy is a bulwark against temptation. Margin and holiness are related to one another in very deep ways.Here are some ideas for finding margin:1. Get up ten minutes earlier and create a space for silence before you begin your day.
2. Cut out unnecessary entertainment activities.
3. Explore scaling back some of your commitments by asking, “Is it essential?”
4. If you do something often (for example, spending time with a friend), consider reducing the frequency without cutting that person out of your life.

(Adapted from *The Good and Beautiful Community*, Following the Spirit, extending grace, demonstrating love, pages 129-131) |